



WALK  TO CURE DIABETES

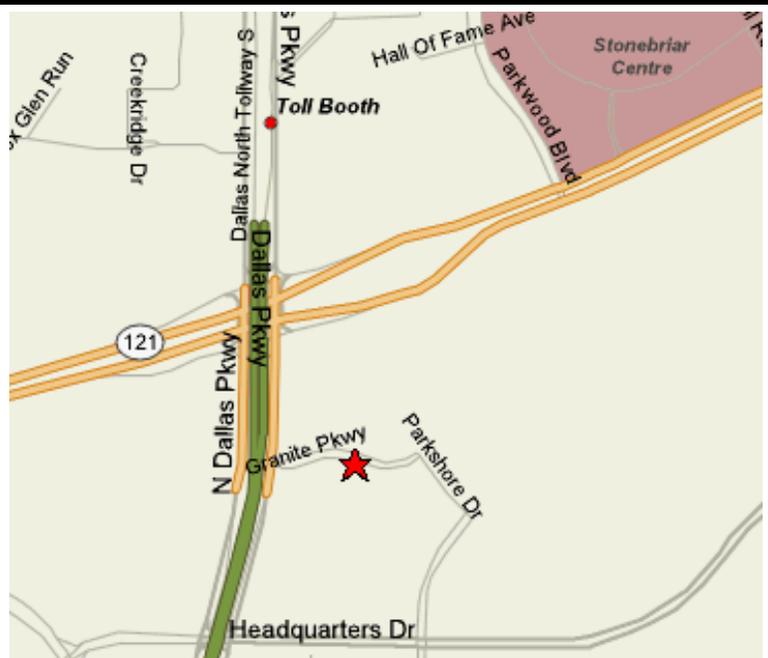
Saturday, October 1st Granite Park—Plano 7:30 am—11:30am

GENERAL INFORMATION

Check-in begins at 7:30am. The Walk begins at 9am. It's a 5K (3.1 miles). Monitors to test blood sugar levels and glucose tablets will be available at each of the checkpoints.

The weather forecast is expected to be calling for **SUNSHINE**, so dress appropriately (don't forget your sunscreen!). ***In the event of rain, the Walk will still take place.*** You may bring your money to the site, turn it in, and receive your Walk t-shirt.

Strollers and pets (on leashes & with pooper-scoopers) are welcome. For safety reasons, we discourage roller blades and bikes.



REGISTRATION CHECK-IN

Be sure your Collection Envelope is filled out correctly listing your team, dollars being turned in **ON WALK DAY**, and if there are any funds that will be collected **after** the Walk. Anyone who has turned in money prior to walk day should **NOT** list that amount on the Collection Envelope. The deadline for all money (excluding matching gifts) to be in is **Friday, October 28**. Money received by this date will be credited to you and make you and/or your team eligible for all walker prizes and awards.

Corporate Registration: Be sure to direct Walkers to Check-In at **General Registration** or if you have reserved a table at the **Corporate Tent**, please let your Walkers know to go directly to the table below your company banner at the Corporate Tent. All **Family Teams** will check in at **Family Team Registration**. At Check-In all Walkers should turn in all money and those that raised over \$100 will receive a t-shirt! All Youth Ambassadors (children with type 1) will receive yellow Ambassador caps at the family team tent!



superheroes uniting to cure diabetes!



TEAM PHOTOS

JDRF will have photographers taking team pictures again this year. The photographers will be taking team photos before and after the Walk as well as candid photos along the Walk route. Team captains, you will need to alert your team to meet at the photo area at your specific time.



Sign up to say “Cheese”!

We encourage large groups to take a team picture, contact Tressa Sanderson at 214-764-6773 or e-mail tsanderson@jdrf.org. Time slots will be available on a “first come, first serve” basis, so schedule your time today!

Photo Schedule:

| Time | Photographer |
|-------------|---------------------|
| 7:45am | Intuit |
| 8am | Nortel |
| 8:05am | |
| 8:10am | Granite |
| 8:15am | Cadbury Schweppes |
| 8:20am | Volvo |
| 8:25am | EDS |
| 8:30am | Ericsson |
| 8:35am | UBS |
| 8:40am | Sentel |
| 8:45am | Texans Credit Union |
| 8:50am | |
| WALK | |
| 10am | |
| 10:10am | |
| 10:20am | |
| 10:30am | |
| 10:40am | |
| 10:50am | |
| 11am | |
| 11:10am | |
| 11:20am | |
| 11:30am | |

For those teams that have not signed up yet, please call Tressa Sanderson 214-764-6773 to schedule a time.



COMPLIMENTARY FOOD



Cadbury Schweppes
AMERICAS BEVERAGES

Food Sponsors

Bordens
Combs Produce
Dannon
Kroger
Murray Cookies
Oak Farms
Quaker Oats
Subway
Texas Premium Foods



Beverage Sponsor

Cadbury Schweppes Americas Beverages - Official Beverage Sponsor
American Ice – Official “Keeping It Cool” Sponsor

Before the walk begins, enjoy *light breakfast snacks*. During the Walk, stop at one of the checkpoints where you can pick up *some light snacks and drinks*. After you return to the Registration Area, we hope you will take advantage of a *picnic-style lunch* that will be served from 10:30am – noon. We have many generous food companies donating free products to our Walk. This year we’ve made a commitment to keep up the tradition of giving. All remaining non-perishable food will be given to a local food bank.

What’s on the Menu?

Breakfast Sponsors

OJ from Oak Farms
Dannon Yogurt
Bananas from Combs Produce
Apples from Kroger



Lunch Sponsors

Hot Dogs and Chips
Compliments of Kroger
Sandwiches from Subway
Pizza from Papa Johns



**I Scream! You Scream! We All Scream
for Ice Cream! Compliments of
Kroger and Dreyers!**



PARKING



Free parking is available. The only entrance to the parking lot is at Granite Parkway. See the map on page one, please distribute maps to ALL of your walkers.

JDRF has consulted with a parking firm to make sure cars are parked for maximum occupancy. We will have plenty of traffic officers and signage to make your entrance/exit as smooth as possible. Handicap access is also available, but please notify JDRF ahead of time.

JDRF T-SHIRTS & INCENTIVE PRIZES



Remember to mention the JDRF incentive prizes to your walkers. Walkers will need to raise a minimum of \$100 in order to receive a **Walk To Cure Diabetes T-shirt** on Walk day. Walkers should first check-in at the registration tent to receive a t-shirt voucher and then proceed to the t-shirt area.

In addition, walkers raising \$200 or more are eligible to receive a prize from The JDRF Gift Catalog. There are great new prizes – electronics, house wares, jewelry, bicycles, and more. The more money you raise for JDRF, the higher the value of the prizes – from silver to gold to platinum levels. Check out the prizes and award levels at www.jdrf.org/walkprizes. The prizes can be great motivation for your walkers to go that extra mile so they can earn the prize that they want. Talk them up and watch the results. Have walkers **check a prize on their check-in form if they earned one**. JDRF **does not** order a prize unless the walker requests it.

TEAM T-SHIRTS

Don't forget to wear your own team T-shirts!! Make a unified appearance at the Walk through this casual uniform for your corporate or family team! Also, bring a Walk team t-shirt and enter your team into the t-shirt contest. Simply take your sample t-shirt to the registration tent and turn it in at the T-shirt Table in the center of the tent. (Look for the "T-shirt Turn-In" sign!)



TEAM SIGN CONTEST

Create your own team sign and bring it out to the walk for your team to carry! Be as creative as you like as this is a great way to identify your corporate or family team! Be sure to turn in your sign at the end of the walk to the registration tent that you registered at and you could win the best team sign contest!



Steve Eagar
Fox 4 News

ENTERTAINMENT

The Emcee stepping up to find a cure-**Fox 4 News Anchor Steve Eagar**.

Children's activities include face painting, balloon benders, clowns, and bounce houses provided by Indoor Bounce Party.

Meet **Deuce**—the Frisco RoughRiders mascot before the Walk.